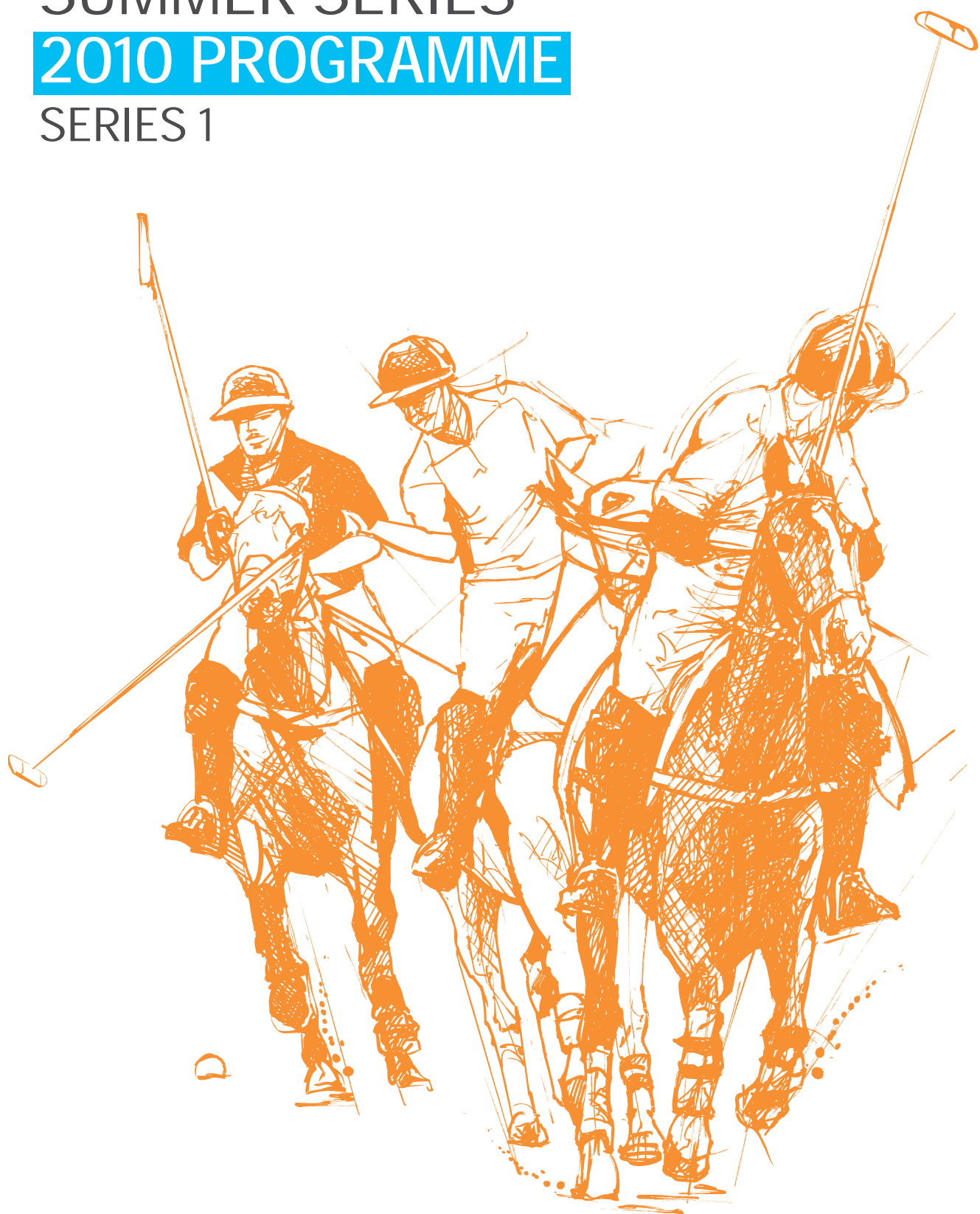


# AUSTRALIAN POLO SUMMER SERIES

## 2010 PROGRAMME

### SERIES 1





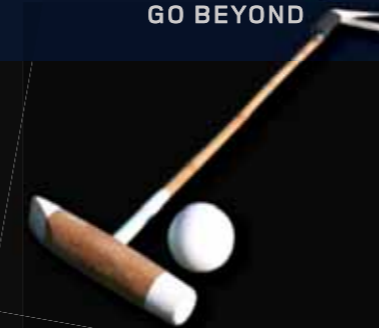
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# WELCOME

Dear Polo Supporter,

Welcome to the inaugural Australian Polo Summer Series ("APSS") to be held throughout the month of February on some of the best polo fields the Sydney region has to offer and surely amongst some of the best overall facilities on offer in the southern hemisphere.

The aim of the APSS is to bring to the Australian polo scene a new format, a series of higher goal rated tournaments each of two week duration and each to be played on specifically prepared grounds reserved exclusively for Summer Series games. These professionally prepared surfaces combined with higher goal professional players from many of the worlds leading polo regions will ensure that games are played open, with speed and resultantly provide excellent spectator viewing.

Unique to this year's tournaments will be the adoption and implementation of the "no turning rule" recently and successfully implemented in Argentina. Although not yet included in the HPA rules (recently adopted by Australian Polo Association), the tournament Committee for the APSS have enthusiastically moved to include it into the tournament rules. Importantly we have selected an independent international Chief Umpire (Mr Chris Bethal) from the United Kingdom who has actual experience in umpiring in Argentina under the new rule as well as observing first hand its enforcement in the 22 goal Ellerstina Gold Cup with ten teams, 30 goal Camera with twenty teams and the 40 goal Argentine Open.

Being its inaugural year, we welcome from the United Kingdom the Chairman of the HPA, Mr Nicholas Colquhoun-Denvers to open the APSS. Just as importantly we welcome and thank the inaugural event sponsors Alto Group (Landrover & Jaguar) and Peroni.

Polo is not possible without support from its major contributors, to this end we are privileged to receive the support of some of Australia's oldest and most respected high goal polo operations namely, Ellerston Polo (Packer Family) and Jemalong Polo (Kahlbetzer Family), as well as support from some of the more recently established professional operations including Sydney Polo (Higgins Family) and Yindarra Polo (Private).

Over time and with the cooperation of the Australian Polo Association we aim to extend the Summer Series format and reach to attract international patrons, sponsors and teams and possibly include existing tournaments that are currently scheduled about this time of the year. We are of the belief that with the facilities available in the Sydney and surrounding polo regions that the Summer Series could be extended from its initial two tournaments up to six, each of two week duration. The Australian Summer weather can surely accommodate such events.

Finally, not wanting to alienate any polo player from the Summer Series format, in following years we will look to run in conjunction with local clubs, a parallel Summer Series for lower goal teams. We clearly recognise that without local club polo there is a much reduced pool from which higher goal polo can grow and develop. Similarly without high goal polo there is less opportunity for lower goal players to observe and develop their own playing abilities.

We look forward to having you join us and enjoy the spectacle of open, running and exciting polo. Not to mention all that Sydney has to offer in the summer months (remember the sun screen and beach wear).

**The Organising Committee**

**Sydney Polo / Yindarra Polo / Jemalong Polo**



# THE "NEED TO KNOW" ABOUT POLO

## A QUICK SUMMARY

Polo is played when two teams of four players, each handling a mallet 'stick' seated on ponies line up parallel to each other in the centre of the field. Present are two mounted umpires on the field and a referee on the sidelines.

The umpire bowls the ball between the lines of players to start the game. Then by passing to team mates, speed and skilled manoeuvring, each attempts to score by knocking the ball through the opposite side's goal post.

## WHAT TO WATCH

The flight of the ball is important, however, not as much as the players who test their ability and skill to control the ball while riding a horse at great speed. Watch the actions of the players carefully and you'll soon be able to anticipate the next direction of play.

## WHAT'S GOOD POLO?

It is often said that 'you will know when you're watching good polo players'. Watch out for 'air shots' (picking up a pass in mid-air) or performing long downfield dribbles as both, as you can imagine, are difficult astride a horse moving at 35 miles per hour. Skilled players will also show great control of both the ball and of their horses - and the ability to hit a backhander (the near left side shot) is what distinguishes the master from the apprentice. Inexperienced polo players may also make mistakes such as frequently topping the ball or missing it altogether. Great Polo players are also said to look graceful with masterful control of what they are doing and the mount. Watch carefully!

## THE BALL

In Polo there are several key equipment pieces that are vital to know. Firstly the polo ball is made of plastic or bamboo root. It is 3 1/4 inches in diameter and weighs between 4 1/4 ounces and 4 3/4 ounces and can move at speeds in excess of 100 kilometres an hour.

## THE STICKS

Mallets (or 'sticks') are between 49 and 52 inches long and their length is determined by the height of the horse.

## PONIES OR A HORSE?

The horses in Polo are referred to as ponies but many are thoroughbreds not actually ponies. A polo mount averages 62 inches (or 15.5 hands) high. The qualities a player looks for in their mount are heart, speed, stamina and the ability to accelerate at top speed, stop and turn quickly and a temperament suited to the game. Don't think that the brightly coloured leg wrappings just look good, they also serve as protection from stray mallet blows.

## THE FIELD

The playing field is 300 yards long and 160 yards wide with boundaries acting as the sidelines and back lines. Goal posts are spaced 24 feet apart and are 10 feet high. Sideboards are optional and are a nine to eleven inch board along the sidelines. When a ball crosses the sideline or goes over the sideboard it is considered out of bounds and the umpire throws in another ball between the two teams.

## POSITIONS ON THE FIELD

There are four team members in each team and their positions are all distinctly different. Players can change positions momentarily but will try and return to their initial position.

So what do they each do?

**Player 1** This is the most forward offensive player.

**Player 2** This is just as offensive but plays deeper and works harder.

**Player 3** This is the pivot player between offense and defence and tries to turn all plays to offense.

**Player 4** This is the defensive player whose role is principally to protect the goal.

For those of you who need a little help understanding Polo, here are some interesting facts that will have you talking like a pro in no time.

## A CHUKKA

The game is separated into six 'Chukkas' each lasting 7 minutes. Between each chukka a player may change to a fresh horse

## THROW IN

This occurs at the beginning of a chukka, or when play resumes, with the umpire bowling the ball between the two ready teams.

## BUMP

With the speed and fury of the sport, players will often hinder or bump each other in an effort to win the ball. Players can in fact legally bump or hinder when: hooking the mallet of the player hitting the ball: riding into a player or 'bumping' (provided the angle of impact is not excessively dangerous); gently riding next to a player and pushing them off course (excluding the elbow); and simply outrunning a player to the ball before the next shot.

## SCORE

A point is scored when the ball goes between the uprights either on the ground or the lines projected upward.

Flagmen at each goal will wave the flag overhead, indicating a goal has been scored or below the waist, indicating no score. If the ball is in play when the signal sounds, a 30 second overtime is added. Play continues until someone has scored, the ball goes out of bounds or until 30 seconds is over.

## SUDDEN DEATH

In the event of a tie score at the end of the final chukka, there will be a 5 minute intermission to allow the players to rest.

Players may change to a fresh pony before beginning a 'sudden death' chukka in which the first team to score wins.

## POLO SHOTS TO KNOW

**The Hook** A player may spoil another's shot by putting their mallet in the way of the striking player. A cross hook occurs when the player reaches over their opponent's mount in an attempt to hook; this is considered a foul.

**The Knock In** Should a team in an offensive drive hit the ball across the opponent's back line, the defending team resumes the game with a free hit from their back line. No time is allowed for knock-ins.

**The Tailshot** Hitting the ball behind and across the horse's rump.

## PENALTY

When a penalty is awarded the awarded team will be able to take a free hit towards the goal from a set distance. The severity of the foul committed determines what penalty will be awarded - the range is from an automatic goal to a free hit 60 yards from the back line.

## TERMS YOU NEED TO KNOW

**Offside** The right hand side of a horse.

**Nearside** The left hand side of a horse.

**Ride-off** This occurs when two riders make contact and attempt to push each other off the line of the ball so as to prevent the other from striking. The horses are the ones intended to do the pushing, although a player may use their body not their elbows.

## FEBBRAIO 2010

DOM	LUN	MAR	MER	GIO	VEN	SAB
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						



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## CHIEF UMPIRE

### CHRIS BETHAL (UK)

Chris was born in England, and followed his father and Grandfather into the world of polo, travelling and playing all around the world, including Europe, USA, Brazil, Uruguay, & Africa. Amazingly this is his first time to Australia. After a number of years playing in the High goal in England, Chris found time to manage successful Gold Cup winning teams for Carlos Gracida (10g) & David Jamison.

In 2003, after two seasons as assistant, he became Polo Manager of Cowdray Park Polo Club the home of the famous Veuve Clicquet Gold Cup (with more than twenty 22goal teams), whilst still finding time to umpire at the top level all over the world including USA, France, Spain, Holland, Nigeria and more recently in Argentina and the Cartier snow polo in St Moritz, Switzerland.



## DIRECTIONS TO POLO FACILITIES

### FROM SYDNEY CITY TO RICHMOND (APPROX 45 MINUTES)

Drive north via Harbour Bridge or Harbour Tunnel. Take the Gorehill Freeway. Take the Lane Cove Tunnel. Take the M2. Take the M7. Exit M7 onto Richmond Road (north/right) then 20 minutes to Richmond Town Centre. 5 minutes from Town Centre to each of the polo facilities below:

- 1 Sydney Polo** 100 Ridges Lane, Richmond NSW
- 2 Yindarra Polo** 532 Cornwallis Road, Richmond NSW
- 3 Windsor Polo** Old Kurralong Road, Richmond NSW



10-14 GOAL  
FEBRUARY 2010  
SYDNEY

# TOURNAMENT TEAMS

## ELLERSTON POLO

J. Harper	6
M. Grimes	5
T. Beim	3
J. White	0
<b>Total</b>	<b>14</b>

## KAROLL POLO

J. Ballieu	7
W. Gilmore	3
R. Doolan	3
A. Karoll	1
<b>Total</b>	<b>14</b>

## SYDNEY / CUSTODIAN

C. Wilson	6
R. Ballard	5
J. Fitzgerald	1
P. Higgins	1
<b>Total</b>	<b>13</b>

## JEMALONG POLO

J. Losada	6
A. Williams	5
J. Kahlbetzer	3
S. Harriague	0
<b>Total</b>	<b>14</b>

## YINDARRA POLO

R. Archibald	7
E. Goold	4
J. Archibald	3
S. Young	0
<b>Total</b>	<b>14</b>

# TOURNAMENT PLAY DAYS

DATE	TIME	TEAMS	HOST	POLO GROUND	RESULT
4th Feb	11am	Jemalong vs Sydney	Sydney	Sydney	
	4.30pm	Yindarra vs Karoll	Sydney	Sydney	
6th Feb	4.30pm	Sydney vs Yindarra	Yindarra	Yindarra	
	6.30pm	Ellerston vs Jemalong	Yindarra	Yindarra	
7th Feb	4.30pm	Sydney vs Ellerston	Jemalong	Windsor	
	6.30pm	Jemalong vs Karoll	Jemalong	Windsor	
11th Feb	4.30pm	Yindarra vs Ellerston	Ellerston	Yindarra	
	6.30pm	Sydney vs Karoll	Ellerston	Yindarra	
13th Feb	4.30pm	Jemalong vs Yindarra	Karoll	Windsor	
	6.30pm	Karoll vs Ellerston	Karoll	Windsor	
14th Feb	4.30pm	Team 3 vs Team 4	Sydney	Sydney	
	6.30pm	Team 1 vs Team 2	Sydney	Sydney	

# ELLERSTON POLO TEAM

## JAMES HARPER (UK, 6 GOALS)

James started playing polo with the Pony Club in England at 13 years of age. He then played polo for England from the Under 14 years age and up and has won most of the English Low and Medium Goal Tournaments. James has also played polo in many countries including Argentina, Chile, Brazil, USA, Dubai, Pakistan, New Zealand, South Africa, most of Europe and Australia. 30 years of age. Married to Shannon and has a son Wills.



## MATT GRIMES (AUS, 5 GOALS)

Matt started playing polo with the Clifton Polo Club in Qld at the age of 16 years, having started his career under former 8 goal professional Jim MacGinley. Now a specialist in developing young polo horses at Ellerston, he has competed successfully in most tournaments held throughout Australia. 32 years of age. Married to Nicola and has four sons Jack, Cody, Blake and Lucas.



## TOM BEIM (UK, 3 GOALS)

Tom started playing polo with the Pony Club in England at the age of 14 years. He is based in Cirencester with the Flying Pigs Polo Team. Tom plays all levels of polo in England and has also played in Argentina, the USA as well as Australia. Brother to English polo test team member James Beim (7 goals), Tom is a former professional rugby player. 34 years of age. Married to Jo and has a son Zac.



## JASPER WHITE (AUS, 0 GOALS)

Jasper has grown up on the "Belltrees" property at Scone and as part of the White Family polo dynasty, has been involved with polo his entire life. Currently employed by Ellerston Polo his ambition is to play polo professionally. Jasper's highlight of his polo career to date has been playing in the Colts match at Windsor in April 2009. 18 years of age. Single.



# YINDARRA POLO TEAM

## ROBERT ARCHIBALD (AUS, 7 GOALS)

From Scone, NSW, Rob is one of the three highest equal rated players in Australia. He has played in the UK, South Africa, France, Switzerland and New Zealand. Throughout his career he has collected many prized trophies including the 2005 and 2008 International Tests matches against New Zealand and, recently, in the winning teams at the French Gold Cup in Deauville (20g), the Kerry Packer Challenge Cup at Ellerston and the Kirland International Test against South Africa in 2008 where he was voted Most Valuable player. 26 years of age. Single



## EDWARD GOOLD (AUS, 4 GOALS)

A cousin to Jack (Ruki) Ballieu, Edward achieved a 2 goal rating at the age of 18 however gave up polo for several years to play AFL for Carlton and Essendon. He returned to polo in 2000 and has been full time since then, playing throughout Australia, as well as in the USA and New Zealand. A career highlight was being a member of the Australian Test team which won the Gold Cup in England. Recent playing achievements include winning the spring 14 goal in Queensland, the Ellerston 18 goal in March 2007 and the Kurland International Test Match against South Africa. 33 years of age. Single



## JACK ARCHIBALD (AUS, 3 GOALS)

Younger brother of Robert Archibald, Jack was a member of the Young Australia Team in 2008 and the Australian Team in the 2009 Kurland International test against South Africa. He was also was apart of the winning team in the Melbourne Cup and the Ellerston Spring Trophy in 2009. Jack will play 2010 in the UK with Black Bears. 20 years of age and single.



## SPENCER YOUNG (AUS, 0 GOALS)

Resident of Australia' most famous surf beach, Bondi, Spencer is the patron of the Australian based "Yindarra Polo Team" that has successfully competed in high goal tournaments in Argentina (22g), Australia (18g), England (22g), Spain (20g), France (14g), Mexico (12g) and South Africa (12g). He has also competed at invitational tournaments in China, Columbia, Zimbabwe and Poland. Yindarra is the native Australian Aboriginal word for "thunder" (the sound of galloping horses hooves) and was chosen as the name for Spencer's private polo establishment based outside Sydney.



# JEMALONG POLO TEAM

## JUAN CRUZ LOSADA (ARG, 6 GOALS)

From Mar del Plata, Argentina he has also played in Australia, Spain and England. He has been in winning teams of the Argentine tournaments- Metropolitano (20g) twice and Presidente (20g) as well as Australia's Dudley Cup. 23 years of age. Single.



## ANDREW WILLIAMS (AUS, 5 GOALS)

From Forbes, Australia he started playing at the Jemalong Club. Represented Australia in the World Cup in which they were runners up and has been in teams that have won the Dudley Cup, Ellerston (18g), Australian Open, Hector King as well as runner up in the Deauville Gold Cup (22g). 36 years of age. Married with children.



## JOHNNY KAHLBETZER (AUS, 3 GOALS)

From Sydney, Australia he has played for the Jemalong Club based at Forbes which has won the Ellerston 18g, 24g, and 26g, Australian Open, Easter International and the Dudley Cup. Overseas he has been in the winning teams of US Pacific Coast Open, Ellerstina Gold Cup, Presidente (20g), Metropolitano (20g) and Mundialito (25g). 43 years of age. Married with children.



## SANTI HARRIAGUE (ARG, 0 GOALS)

From Buenos Aires, Argentina he has played in the Buenos Aires interschool tournaments in 2008 and 2009 and various tournaments up to 10 goal. 17 years of age and very single.



# SYDNEY / CUSTODIAN POLO TEAM

## CRAIG WILSON (NZ, 6 GOALS)

Playing polo since age 14, Craig representing the N.Z. Colts in 1992 and first represented N.Z. in 1997 against England. He has competed and won many major N.Z. tournaments including the NZ Open four times and the Saville Cup three times and Captained the 'Runner Up' FIP team in the Zone Finals of the World Cup played in N.Z. in 2007. He has played in South Africa, Kenya, Zambia, England, Holland, Australia, Barbados, Singapore, Malaysia. 36 years of age, a former rugby player and the proud father to nine year old Jack.



## ROBERT BALLARD (AUS, 5 GOALS)

Rob started his polo career at the Windsor Polo Club and turned professional in 1998. He has played high goal polo all around Australia as well as the United States and Canada. He has also represented Australia in World Cup Polo in Pakistan, France and New Zealand. 32 years of age, a superb hitter of the ball and engaged to be married.



## JOHN FITZGERALD (AUS, 1 GOAL)

John started playing polo in 1994. His "Custodian" team won the BMW Cup in 2003, Qld Gold Cup in 2004 and 2005, the Dowling Cup, ACIS Cup, Gold Coast Challenge, Kooralbyn 10 Goal, Australian Open, Qld State Silver Cup and the WA Perth Cup. He also won the Qld Gold Cup Player in 2004. 47 years of age.



## PETER HIGGINS (AUS, 1 GOAL)

Peter took up polo at the age of 33 and has played in Argentina, USA, France, England, India and Dubai. Pete is passionate about his polo and plays year round. His favourite field is his home field called the 'Supremo' which he has supervised the construction and planting of. Peter is an enthusiastic supporter of enhancing the quality of Polo in Sydney and is currently developing the International Field which with its new clubhouse and grandstands will host major spectator crowds when completed. 50 years of age.



# KAROLL POLO TEAM

## JACK (RUKI) BAILLIEU (AUS, 7 GOALS)

From Victoria and regarded as one of Australia's most successful polo professionals, Ruki is also one of the highest ranked non-Argentine players on the international circuit and was awarded Most Valuable Visiting player at the 2007 Coronation Cup (Aus vs Eng). Among his other polo achievements, Ruki has led Australia to victory over England at the 2005 Coronation Cup, has qualified in the Argentine Open in 2007, won the Pacific Coast Open (USA) in 2007, and has represented Australia in international Test Matches since 1988. Ruki is also the co-founder of the acclaimed Paspaley Polo in the City series played across the capital cities of Australia. 33 years of age. Single.



## WILL GILMORE (AUS, 3 GOALS)

Originally from Queensland, Will spends his year playing throughout Australia. Will has played for Australia in South Africa New Zealand and Chile. Will is currently working for Ruki Baillieu so has no time for other interests. 23 years of age and single.



## RICHARD DOOLAN (AUS, 3 GOALS)

Richard "Dick" Doolan began his polo career at the Downs polo club in Clifton Qld at the age of 16. He is a third generation polo player and has played in the UK, India, Malaysia, Singapore, Jamaica and all over Australia. He represented Australia in India in 2008 and won the RAS show polo in 2009 representing Victoria and was also awarded MVP for the series. 34 years of age and recently married to Victoria.



## ANGUS KAROLL (AUS, 1 GOAL)

Angus Karoll, natural gas executive, resumed playing polo in Australia in 2009 after spending 15 years abroad. A member of Goulbourn polo club since 1990 and also Scone polo club in 2009. Participated in Qld, NSW and Vic tournaments last year, winning the 14 goal subsidiary final at Ellerston and playing in the Archibald Cup final at Scone. This year Angus is focusing on polo in NSW. Other interests include sailing, skiing, snowboarding, spear fishing and surfing. 40 years of age.





Polo is a very straight forward spectator sport.

The essence of the game is teamwork and each polo team has four riders and their mounts.

Each team aims to move the white polo ball down field at speed, using long-handled mallets to hit the ball through the goal posts to score. To compensate for field and wind direction, teams change direction after each goal. Due to the extreme demands placed on polo ponies, players change horses after each chukka.

A polo match is usually lasts 60 to 90 minutes, depending on whether four or six seven-minute periods or chukkas are played. A polo field is 280 yards long and 180 yards wide and is close to 12 acres, the largest field in organised sport.

Numbers 1 and 2 players are basically forwards and numbers 3 and 4 are equivalent to Rugby's five-eight and back. The players mark their opposite number: number 4 should mark number 1, preventing him from scoring by hooking and riding off.

The rules are based on common sense with a player having the right of way to eliminate danger and no player plays with his left hand. There is no offside rule.

Play begins at the start of the game and after each goal with one of the two umpires throwing the ball into a line up in the centre. Each chukka starts where the previous one ended. The team that scores the most goals wins. Behinds don't count.

During half-time, spectators participate in a tradition of divot stomping to help replace the divots created by the horses' hooves.

All registered players are rated on a scale of -2 to 10 goals with higher being better. Australia's top-rated player is seven goals. A team's handicap is the total of its players' ratings.

Most of the rules of polo are for the safety of the players and their ponies. The basic concept is the line of the ball, a right-of-way established by the path of a travelling ball.

The two mounted umpires award penalties, depending upon the severity of the foul. A midfield referee - the third man - has final say in any dispute between the umpires.

<b>Penalty I</b>	a goal is signalled and there is a throw-in 10 yards from the penalised team's goal mouth.
<b>Penalty II</b>	30 yards free hit
<b>Penalty III</b>	40 yards free hit
<b>Penalty IV</b>	60 yards free hit
<b>Penalty V(a)</b>	free hit on the spot
<b>Penalty V(b)</b>	free hit from the middle of the ground

Players believe the polo pony accounts for up to 80 per cent of their game. The best polo ponies are of thoroughbred blood with the qualities of heart, speed wind, stamina and the ability to accelerate, stop and turn quickly. They also need a temperament that is amenable to the rigors of the game. There is no height limit for the horses, although most are between 15 and 15.3 hands and are five to 15 years old.

**1** The white player has the line, and at fair speed the black player would be crossing the line without sufficient safety margin, resulting in a penalty against the black.

**2** Even at a far lesser angle the black player would still be crossing the line if he continues in that direction and would be committing a dangerous foul.

**3** When travelling in the same direction the black player may draw level with white and then force him across the line and take possession of the ball without committing a foul or incurring a penalty.

**4** The black player may move in parallel with the line and play a shot, providing he can do so without interfering with white's mount or causing him to check back. If black should cross the line to the dotted position it would be a foul.

**5** Two players riding for a ball from opposite directions in the open must both give way to the left and take the ball on their right or "offside".

**6** When two players are approaching a ball in the open from different directions, the player (black), with the line of the ball on his offside (right hand side) has the right of way.

# THINGS TO DO IN SYDNEY AND SURROUNDS

## PLACES TO SEE

**Opera House and Sydney Harbour Bridge** - iconic images that spring to mind when you think of Sydney, these two attractions are musts on a list of things to see. Wander around the magnificent sails of the Opera House at Circular Quay, and for a truly unique experience book in to climb the Sydney Harbour Bridge – it will take your breath away!

*Bridge Climb \$198 – Call 02 8274 7777 to book tickets.*

**Blue Mountains** – only an hour and a half drive from the city lies the stunning vistas of the Blue Mountains. Take the time to explore some of the historic towns along the way like Katoomba, which boasts countless little Art Deco cafes. Also don't miss the magnificent rock formation the 'Three Sisters' at Echo Point just down the road from Katoomba.

*Katoomba is approx 1 ½ hrs drive from Sydney. Take Paramatta Rd then the M4 motorway out of the city.*

**Palm Beach** – this is where the beach scenes of the famous Australian TV show 'Home & Away' are shot, and an essential part of any visit to Sydney. As far as Australian beaches go this is one of the best, and the surrounding real estate houses are some of Australia's most well-known film, sporting and business identities.

*Palm Beach is the most northern of Sydney's beaches, and takes approx 1 hour driving. Head over the Harbour Bridge, then north along Pittwater Road.*

**Bondi to Coogee Walk** – this walk takes you from the glamorous crowds of Bondi Beach, along a dramatic stretch of cliff dotted with small beaches to the less crowded atmosphere of Coogee. The walk takes about 2 hours but there are lots of places to stop along the way to grab a cool drink or jump in the water.

*Bondi Beach is approx a \$20 cab ride from the city, and there are regular buses back from Coogee into the city.*



Sydney has a lot to offer visitors and locals alike - from iconic beaches and fine dining to the stunning Blue Mountains only an hour away.

## PLACES TO EAT

**Quay** – Sydney Morning Herald's restaurant of the year for three years running, this Sydney institution is located in the Sydney International Ferry Terminal and overlooks Circular Quay and the Opera House. Head Chef Peter Gilmore is well known for exploring different food textures and flavour harmonies.

*Overseas Passenger Terminal, The Rocks, Sydney - (02) 9251 5600*

**Bilsons** – described as one of Sydney's dining 'musts', this restaurant is located right in the middle of Sydney. The menu designed by head chef and founder Tony Bilson celebrates local and seasonal produce with an emphasis on French flavours and cooking techniques.

*27 O'Connell St, Sydney – (02) 8214 0496*

**Rockpool Bar & Grill** – the newest addition to the Rockpool family and in the heart of the CBD, the art-deco interior and first class produce makes this the place to visit for a perfectly cooked steak matched to some of the world's best wines.

*66 Hunter St, Sydney – (02) 8078 1900*

**Bayswater Brassiere** – located in the centre of the well-known nightclub strip Kings Cross is this sophisticated bar and restaurant. As well as serving up an incredible range of cocktails made by award winning barmen, the selection of fresh oysters is the best in the city. This is the perfect place to get a taste of the energy of the city and mix with locals in the know.

*32 Bayswater Rd, Kings Cross – (02) 9357 2177*

**Mantra** – this stunning seafood restaurant is located on the very trendy Woolloomooloo Wharf. Head chef Daniel Hughes uses the finest Australian produce available to present a menu that covers classic and contemporary dishes.

*6 Cowper Wharf Road, Woolloomooloo – (02) 9332 3822*

## PLACES TO SHOP

**Oxford St, Paddington** – this trendy precinct, famous for its elegant tree-lined streets, big old pubs and stylish galleries, is where you'll find a mix of Sydney's up and coming designers as well as more established brands. The street brims over with understated chic, and it's the perfect place to get your hands on unique items from some of Australia's top young designers.

**Westfield, Bondi Junction** – the perfect place to indulge a shopping craving, you'll find everything you could ever wish for in this huge complex. From high street brands to high fashion as well as a world class food hall, finish off with a chocolate hit at Max Brenner and your day will be complete.

**The Rocks Market** – one of the oldest areas in Sydney, on a Saturday and Sunday it is filled with stalls selling everything from clothes and jewellery to home wares and food. The historic setting offers a glimpse back into Australia's convict beginnings, as this was where Australia's first open air gaol was located. On a Friday evening it also boasts a night market with a stunning offering of food as well as live music scattered amongst the old buildings. For international visitors, the area has lots of fantastic duty free shopping opportunities, with boutiques like Gucci and Louis Vuitton as well the huge Downtown Duty Free store.





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